

The bed has given me a competitive edge. I have one of my best camps and my body has felt healthy and in good alignment throughout. The bed is firm and airy perfect for hot days. I love that I don't sweat and wake up hot and uncomfortable. I also really like that there is zero metal in the mattress. Beds with metal in them usually really irritate my back. I've never been a fan of beds with memory foam or with padding either, but this one feels different. This bed has just enough firmness in all the right spots. Another benefit: When I was ready for bed, I fell asleep quicker than on any bed I've ever slept on.

Nick Novak, San Diego, CA
Kicker with the San Diego Chargers
who tested Somnium during his team's training camp

We are loving the mattress! There is definitely a bit of an adjustment period - like you said - but I slept through my alarm two mornings in a row now - and I never do that! I feel I'm getting some good deep sleep that I've been missing out on and Duncan is not waking up sore. The mattress is so comfy! We love the design and how the springs curve around everything - we can tell every element of its shape has a purpose.

Kelly Kennedy & Duncan Kennedy, Lake Placid, NY National Speed Skater & three-time Olympic Luger, respectively

After years of constantly waking throughout the night, our Somnium has literally saved me. Within days of trying the firmest mattress, I slept straight through and woke up better rested! About a month later I was in a serious accident (broken shoulder, ribs, collapsed lung, etc.). I was told by the doctors that it would be months before I could sleep comfortably. I was sleeping all night on my Somnium in less than 2 weeks.

Philip Walker, Midlothian VA, recreational dare devil, diver and mountain bike racer

My husband and I thought we had a comfortable bed until our Somnium mattress arrived. I'm a light sleeper and I've never slept better. The even distribution of the bed means I don't feel his every movement. We've also noticed the mattress remains cool allowing us to sleep more soundly. I feel the difference and wake up in the morning more refreshed than before. We are big fans of the comfort and adjustment to our every move.

Heather Mitts & A.J. Feeley, Philadelphia, PA US Soccer player and three-time Olympic gold medalist & NFL quarterback, respectively

Sleep is the magic pill in improving performance. There is deep research around how great sleep upgrades an athletes cognitive and physiologic abilities. Everything in sport is pushing the ethical bleeding edge, and Somnium has finally created a breakthrough piece of equipment that meets the level of precise engineering elite performers expect. This mattress optimizing everything from their fascia health through sleep temperature in a hygienic way. Somnium has the winning combination for elite sleep.

Mark Verstegen, Phoenix, AZ Founder Athletes' Performance & Core Performance